

Beef Products

13020	Beef, retail cuts, separable fat, cooked	-1
13950	Beef, brisket, flat half, separable lean and fat, trimmed	-1
13369	Beef, brisket, flat half, separable lean and fat, trimmed	-1
13166	USDA Commodity, beef, canned	-1
13855	Beef, rib, small end (ribs 10-12), separable lean and fat	-1
13900	Beef, round, top round, steak, separable lean and fat	-1
13066	Beef, flank, steak, separable lean and fat, trimmed to 1/4	-1
13852	Beef, rib, small end (ribs 10-12), separable lean and fat	-1
13387	Beef, rib, large end (ribs 6-9), separable lean and fat	-1
13069	Beef, flank, steak, separable lean only, trimmed to 1/4	-1
13826	Beef, rib, whole (ribs 6-12), separable lean and fat, trimmed	-1
13814	Beef, chuck, arm pot roast, separable lean and fat, trimmed	-1
13829	Beef, rib, whole (ribs 6-12), separable lean and fat, trimmed	-1
13908	Beef, short loin, t-bone steak, separable lean and fat	-1
13393	Beef, rib, small end (ribs 10-12), separable lean and fat	-1
13846	Beef, rib, large end (ribs 6-9), separable lean and fat	-1
13810	Beef, chuck, arm pot roast, separable lean and fat, trimmed	-1
13806	Beef, brisket, flat half, separable lean and fat, trimmed	-1
23634	Beef, brisket, flat half, separable lean only, trimmed	-1
13858	Beef, rib, small end (ribs 10-12), separable lean and fat	-1
13832	Beef, rib, whole (ribs 6-12), separable lean and fat, trimmed	-1
13969	Beef, round, top round, steak, separable lean and fat	-1
13812	Beef, chuck, arm pot roast, separable lean and fat, trimmed	-1
13148	Beef, rib, shortribs, separable lean and fat, choice, cooked	-1
23660	Beef, brisket, flat half, separable lean and fat, trimmed	-1
13893	Beef, round, top round steak, separable lean and fat	-1
13417	Beef, round, eye of round, roast, separable lean and fat	-2
13882	Beef, round, eye of round, roast, separable lean and fat	-2
13420	Beef, round, eye of round, roast, separable lean only	-2
23528	Beef, chuck, clod roast, separable lean and fat, trimmed	-2
13896	Beef, round, top round, steak, separable lean and fat	-2
13878	Beef, round, eye of round, roast, separable lean and fat	-2
13371	Beef, brisket, point half, separable lean and fat, trimmed	-2
13447	Beef, short loin, top loin, steak, separable lean and fat	-2
13378	Beef, chuck, arm pot roast, separable lean only, trimmed	-2
13875	Beef, round, bottom round, steak, separable lean and fat	-2
13415	Beef, round, eye of round, roast, separable lean and fat	-2
23595	Beef, brisket, flat half, separable lean only, trimmed	-2
13880	Beef, round, eye of round, roast, separable lean and fat	-2
13460	Beef, short loin, porterhouse steak, separable lean and fat	-2
13840	Beef, rib, large end (ribs 6-9), separable lean and fat	-2
13949	Beef, flank, steak, separable lean and fat, trimmed to 1/4	-2
13416	Beef, round, eye of round, roast, separable lean and fat	-2
13843	Beef, rib, large end (ribs 6-9), separable lean and fat	-2
13418	Beef, round, eye of round, roast, separable lean only	-2
13493	Beef, round, top round, steak, separable lean only, trimmed	-2
23633	Beef, chuck, arm pot roast, separable lean only, trimmed	-2
13347	Beef, cured, corned beef, brisket, cooked	-2

-1	very good effect
-1	good effect
-1	OK effect
-1	not very good effect
-1	bad effect
-1	awful effect

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13869	Beef, round, bottom round, steak, separable lean and fat, trimmed to 0.50 inch fat, all over	-2
13906	Beef, short loin, porterhouse steak, separable lean and fat, trimmed to 0.50 inch fat, all over	-2
13386	Beef, rib, large end (ribs 6-9), separable lean and fat, trimmed to 0.50 inch fat, all over	-2
13872	Beef, round, bottom round, steak, separable lean and fat, trimmed to 0.50 inch fat, all over	-2
13808	Beef, brisket, point half, separable lean and fat, trimmed to 0.50 inch fat, all over	-2
23588	Beef, top sirloin, steak, separable lean only, trimmed to 0.50 inch fat, all over	-2
13396	Beef, rib, small end (ribs 10-12), separable lean and fat, trimmed to 0.50 inch fat, all over	-2
23006	Beef, short loin, t-bone steak, separable lean and fat, trimmed to 0.50 inch fat, all over	-2
13367	Beef, brisket, whole, separable lean and fat, trimmed to 0.50 inch fat, all over	-2
13899	Beef, round, top round, separable lean and fat, trimmed to 0.50 inch fat, all over	-2
13375	Beef, chuck, arm pot roast, separable lean and fat, trimmed to 0.50 inch fat, all over	-2
13798	Beef, composite of trimmed retail cuts, separable lean and fat, trimmed to 0.50 inch fat, all over	-2
13820	Beef, chuck, blade roast, separable lean and fat, trimmed to 0.50 inch fat, all over	-2
13456	Beef, top sirloin, steak, separable lean only, trimmed to 0.50 inch fat, all over	-2
13474	Beef, short loin, t-bone steak, separable lean and fat, trimmed to 0.50 inch fat, all over	-2
13828	Beef, rib, whole (ribs 6-12), separable lean and fat, trimmed to 0.50 inch fat, all over	-2
13876	Beef, round, bottom round, roast, separable lean and fat, trimmed to 0.50 inch fat, all over	-2
13825	Beef, rib, whole (ribs 6-12), separable lean and fat, trimmed to 0.50 inch fat, all over	-2
13892	Beef, round, top round, separable lean and fat, trimmed to 0.50 inch fat, all over	-2
13363	Beef, composite of trimmed retail cuts, separable lean and fat, trimmed to 0.50 inch fat, all over	-2
13800	Beef, composite of trimmed retail cuts, separable lean and fat, trimmed to 0.50 inch fat, all over	-2
13392	Beef, rib, small end (ribs 10-12), separable lean and fat, trimmed to 0.50 inch fat, all over	-2
13959	Beef, round, top round, steak, separable lean and fat, trimmed to 0.50 inch fat, all over	-2
13419	Beef, round, eye of round, roast, separable lean only, trimmed to 0.50 inch fat, all over	-2
23615	Beef, brisket, flat half, separable lean only, trimmed to 0.50 inch fat, all over	-2
13831	Beef, rib, whole (ribs 6-12), separable lean and fat, trimmed to 0.50 inch fat, all over	-2
13432	Beef, round, top round, separable lean and fat, trimmed to 0.50 inch fat, all over	-2
13948	Beef, flank, steak, separable lean and fat, trimmed to 0.50 inch fat, all over	-2
23002	Beef, short loin, porterhouse steak, separable lean and fat, trimmed to 0.50 inch fat, all over	-2
13796	Beef, composite of trimmed retail cuts, separable lean and fat, trimmed to 0.50 inch fat, all over	-2
13459	Beef, short loin, porterhouse steak, separable lean and fat, trimmed to 0.50 inch fat, all over	-2
13361	Beef, composite of trimmed retail cuts, separable lean and fat, trimmed to 0.50 inch fat, all over	-2
13426	Beef, round, tip round, roast, separable lean only, trimmed to 0.50 inch fat, all over	-2
13373	Beef, chuck, arm pot roast, separable lean and fat, trimmed to 0.50 inch fat, all over	-2
13428	Beef, round, top round, separable lean and fat, trimmed to 0.50 inch fat, all over	-2
13438	Beef, round, top round, separable lean only, trimmed to 0.50 inch fat, all over	-2
23591	Beef, round, eye of round, roast, separable lean only, trimmed to 0.50 inch fat, all over	-2
23655	Beef, flank, steak, separable lean only, trimmed to 0.50 inch fat, all over	-2
13450	Beef, short loin, top loin, steak, separable lean only, trimmed to 0.50 inch fat, all over	-2
13870	Beef, round, bottom round, roast, separable lean and fat, trimmed to 0.50 inch fat, all over	-2
13434	Beef, round, top round, separable lean only, trimmed to 0.50 inch fat, all over	-2
13937	Beef, chuck, clod roast, separable lean only, trimmed to 0.50 inch fat, all over	-2
23602	Beef, chuck, arm pot roast, separable lean only, trimmed to 0.50 inch fat, all over	-2
13370	Beef, brisket, flat half, separable lean only, trimmed to 0.50 inch fat, all over	-2
13935	Beef, top sirloin, steak, separable lean and fat, trimmed to 0.50 inch fat, all over	-2
13867	Beef, round, full cut, separable lean and fat, trimmed to 0.50 inch fat, all over	-2
13228	Beef, shank crosscuts, separable lean only, trimmed to 0.50 inch fat, all over	-2
13445	Beef, short loin, top loin, steak, separable lean and fat, trimmed to 0.50 inch fat, all over	-2
23592	Beef, round, top round, steak, separable lean only, trimmed to 0.50 inch fat, all over	-2

13849	Beef, rib, large end (ribs 6-9), separable lean and fat	-2
13317	Beef, ground, patties, frozen, cooked, broiled	-2
23589	Beef, short loin, top loin, steak, separable lean only,	-2
13067	Beef, flank, steak, separable lean and fat, trimmed to	-2
13861	Beef, rib, small end (ribs 10-12), separable lean and	-2
13835	Beef, rib, whole (ribs 6-12), separable lean and fat, t	-2
13835	Beef, rib, whole (ribs 6-12), separable lean and fat, t	-2
23610	Beef, top sirloin, steak, separable lean only, trimmed	-2
13873	Beef, round, bottom round, roast, separable lean and	-2
23008	Beef, short loin, t-bone steak, separable lean and fat	-2
13834	Beef, rib, whole (ribs 6-12), separable lean and fat, t	-2
13860	Beef, rib, small end (ribs 10-12), separable lean and	-2
13818	Beef, chuck, blade roast, separable lean and fat, trim	-2
13804	Beef, brisket, whole, separable lean and fat, trimmed	-2
23586	Beef, rib, small end (ribs 10-12), separable lean only	-2
13848	Beef, rib, large end (ribs 6-9), separable lean and fat	-2
13454	Beef, top sirloin, steak, separable lean only, trimmed	-2
13377	Beef, chuck, arm pot roast, separable lean only, trim	-2
13930	Beef, top sirloin, steak, separable lean and fat, trimm	-2
13842	Beef, rib, large end (ribs 6-9), separable lean and fat	-2
13405	Beef, round, bottom round, roast, separable lean and	-2
13467	Beef, short loin, porterhouse steak, separable lean or	-2
23614	Beef, chuck, arm pot roast, separable lean only, trim	-2
13404	Beef, round, bottom round, steak, separable lean and	-2
13372	Beef, brisket, point half, separable lean only, trimme	-2
13491	Beef, round, top round, steak, separable lean only, tr	-2
23004	Beef, short loin, porterhouse steak, separable lean ar	-2
23649	Beef, bottom sirloin, tri-tip roast, separable lean only	-2
13914	Beef, short loin, top loin, steak, separable lean and fa	-2
13839	Beef, rib, large end (ribs 6-9), separable lean and fat	-2
23654	Beef, flank, steak, separable lean only, trimmed to 0	-2
13968	Beef, round, top round, steak, separable lean and fat	-2
13453	Beef, top sirloin, steak, separable lean and fat, trimm	-2
13490	Beef, rib, eye, small end (ribs 10- 12) separable lean	-2
13922	Beef, tenderloin, separable lean and fat, trimmed to	-2
23598	Beef, round, eye of round, roast, separable lean only	-2
13413	Beef, round, bottom round, steak, separable lean onl	-2
13888	Beef, round, tip round, roast, separable lean and fat,	-2
23590	Beef, round, bottom round , roast, separable lean on	-2
13884	Beef, round, tip round, roast, separable lean and fat,	-2
13463	Beef, short loin, porterhouse steak, separable lean ar	-2
13362	Beef, composite of trimmed retail cuts, separable lea	-2
13932	Beef, top sirloin, steak, separable lean and fat, trimm	-2
13414	Beef, round, bottom round roast, separable lean only	-2
13845	Beef, rib, large end (ribs 6-9), separable lean and fat	-2
13366	Beef, composite of trimmed retail cuts, separable lea	-2
13345	Beef, cured, breakfast strips, cooked	-2
23629	Beef, top sirloin, steak, separable lean only, trimmed	-2
13423	Beef, round, tip round, roast, separable lean and fat,	-2

13446	Beef, short loin, top loin, steak, separable lean and fat, trimmed to 1/2" fat, all over	-2
13802	Beef, composite of trimmed retail cuts, separable lean and fat, trimmed to 1/2" fat, all over	-2
13895	Beef, round, top round, separable lean and fat, trimmed to 1/2" fat, all over	-2
23608	Beef, round, top round, steak, separable lean only, trimmed to 1/2" fat, all over	-2
23552	Beef, chuck, clod roast, separable lean and fat, trimmed to 1/2" fat, all over	-2
13910	Beef, short loin, top loin, steak, separable lean and fat, trimmed to 1/2" fat, all over	-2
13924	Beef, tenderloin, steak, separable lean and fat, trimmed to 1/2" fat, all over	-2
13395	Beef, rib, small end (ribs 10-12), separable lean only, trimmed to 1/2" fat, all over	-2
13390	Beef, rib, large end (ribs 6-9), separable lean only, trimmed to 1/2" fat, all over	-2
13158	Beef, round, full cut, separable lean only, trimmed to 1/2" fat, all over	-2
13424	Beef, round, tip round, roast, separable lean only, trimmed to 1/2" fat, all over	-2
13455	Beef, top sirloin, steak, separable lean only, trimmed to 1/2" fat, all over	-2
13918	Beef, tenderloin, steak, separable lean and fat, trimmed to 1/2" fat, all over	-2
13451	Beef, top sirloin, steak, separable lean and fat, trimmed to 1/2" fat, all over	-2
13070	Beef, flank, steak, separable lean only, trimmed to 1/2" fat, all over	-2
13448	Beef, short loin, top loin, steak, separable lean only, trimmed to 1/2" fat, all over	-2
13481	Beef, short loin, t-bone steak, separable lean only, trimmed to 1/2" fat, all over	-2
13921	Beef, tenderloin, steak, separable lean and fat, trimmed to 1/2" fat, all over	-2
13857	Beef, rib, small end (ribs 10-12), separable lean and fat, trimmed to 1/2" fat, all over	-2
13334	Beef, variety meats and by-products, spleen, cooked, fresh	-2
13421	Beef, round, tip round, roast, separable lean and fat, trimmed to 1/2" fat, all over	-2
23620	Beef, round, eye of round, roast, separable lean only, trimmed to 1/2" fat, all over	-2
23523	Beef, chuck, top blade, separable lean and fat, trimmed to 1/2" fat, all over	-2
23606	Beef, short loin, top loin, steak, separable lean only, trimmed to 1/2" fat, all over	-2
13425	Beef, round, tip round, roast, separable lean only, trimmed to 1/2" fat, all over	-2
13398	Beef, round, bottom round, steak, separable lean and fat, trimmed to 1/2" fat, all over	-2
13430	Beef, round, top round, separable lean and fat, trimmed to 1/2" fat, all over	-2
13430	Beef, round, top round, separable lean and fat, trimmed to 1/2" fat, all over	-2
13912	Beef, short loin, top loin, steak, separable lean and fat, trimmed to 1/2" fat, all over	-2
13957	Beef, bottom sirloin, tri-tip roast, separable lean and fat, trimmed to 1/2" fat, all over	-2
23503	USDA Commodity, beef, patties (100%), frozen, cooked	-2
23540	Beef, plate, inside skirt steak, separable lean and fat, trimmed to 1/2" fat, all over	-2
13441	Beef, tenderloin, separable lean and fat, trimmed to 1/2" fat, all over	-2
13865	Beef, round, full cut, separable lean and fat, trimmed to 1/2" fat, all over	-2
13444	Beef, tenderloin, steak, separable lean only, trimmed to 1/2" fat, all over	-2
13436	Beef, round, top round, separable lean only, trimmed to 1/2" fat, all over	-2
13492	Beef, round, top round, steak, separable lean only, trimmed to 1/2" fat, all over	-2
13452	Beef, top sirloin, steak, separable lean and fat, trimmed to 1/2" fat, all over	-2
23593	Beef, round, bottom round, steak, separable lean only, trimmed to 1/2" fat, all over	-2
13466	Beef, short loin, porterhouse steak, separable lean and fat, trimmed to 1/2" fat, all over	-2
23638	Beef, rib, small end (ribs 10-12), separable lean only, trimmed to 1/2" fat, all over	-2
13479	Beef, short loin, t-bone steak, separable lean only, trimmed to 1/2" fat, all over	-2
23517	Beef, chuck, clod steak, separable lean only, trimmed to 1/2" fat, all over	-2
13422	Beef, round, tip round, roast, separable lean and fat, trimmed to 1/2" fat, all over	-2
13473	Beef, short loin, t-bone steak, separable lean and fat, trimmed to 1/2" fat, all over	-2
13965	Beef, chuck, top blade, separable lean only, trimmed to 1/2" fat, all over	-2
13399	Beef, round, bottom round, roast, separable lean and fat, trimmed to 1/2" fat, all over	-2
23577	Beef, ground, 75% lean meat / 25% fat, raw	-2
13851	Beef, rib, small end (ribs 10-12), separable lean and fat, trimmed to 1/2" fat, all over	-2

13886	Beef, round, tip round, roast, separable lean and fat,	-2
13916	Beef, short loin, top loin, separable lean and fat, trim	-2
13368	Beef, brisket, whole, separable lean only, trimmed to	-2
23621	Beef, round, top round, steak, separable lean only, tr	-2
23587	Beef, tenderloin, steak, separable lean only, trimmed	-2
23549	Beef, chuck, top blade, separable lean and fat, trimm	-2
13407	Beef, round, bottom round, steak, separable lean onl	-2
13977	Beef, plate, inside skirt steak, separable lean only, tr	-2
13925	Beef, tenderloin, separable lean and fat, trimmed to	-2
13919	Beef, tenderloin, separable lean and fat, trimmed to	-2
13439	Beef, tenderloin, steak, separable lean and fat, trimm	-2
13394	Beef, rib, small end (ribs 10-12), separable lean only	-2
13364	Beef, composite of trimmed retail cuts, separable lea	-2
13389	Beef, rib, large end (ribs 6-9), separable lean only, tr	-2
13401	Beef, round, bottom round, steak, separable lean and	-2
13953	Beef, bottom sirloin, tri-tip roast, separable lean and	-2
13854	Beef, rib, small end (ribs 10-12), separable lean and	-2
13408	Beef, round, bottom round, roast, separable lean only	-2
13449	Beef, short loin, top loin, steak, separable lean only,	-2
13388	Beef, rib, large end (ribs 6-9), separable lean only, tr	-2
23576	Beef, ground, 80% lean meat / 20% fat, loaf, cooked	-2
13927	Beef, tenderloin, steak, separable lean and fat, trimm	-2
23575	Beef, ground, 80% lean meat / 20% fat, crumbles, c	-2
23581	Beef, ground, 75% lean meat / 25% fat, loaf, cooked	-2
13382	Beef, chuck, blade roast, separable lean only, trimme	-2
23630	Beef, short loin, top loin, steak, separable lean only,	-2
13495	Beef, ground, 70% lean meat / 30% fat, loaf, cooked	-2
23600	Beef, tenderloin, steak, separable lean only, trimmed	-2
13365	Beef, composite of trimmed retail cuts, separable lea	-2
23514	Beef, chuck, clod roast, separable lean only, trimmed	-2
23580	Beef, ground, 75% lean meat / 25% fat, crumbles, c	-2
23579	Beef, ground, 75% lean meat / 25% fat, patty, cooke	-2
23511	Beef, chuck, top blade, separable lean only, trimmed	-2
13442	Beef, tenderloin, steak, separable lean only, trimmed	-2
23574	Beef, ground, 80% lean meat / 20% fat, patty, cooke	-2
13496	Beef, ground, 70% lean meat / 30% fat, patty cooke	-2
13150	Beef, rib, shortribs, separable lean only, choice, cook	-2
23578	Beef, ground, 75% lean meat / 25% fat, patty, cooke	-2
13440	Beef, tenderloin, steak, separable lean and fat, trimm	-2
23573	Beef, ground, 80% lean meat / 20% fat, patty, cooke	-2
13494	Beef, ground, 70% lean meat / 30% fat, crumbles, c	-3
23570	Beef, ground, 85% lean meat / 15% fat, crumbles, c	-3
23571	Beef, ground, 85% lean meat / 15% fat, loaf, cooked	-3
23604	Beef, round, bottom round, roast, separable lean only	-3
13951	Beef, rib eye, small end (ribs 10-12), separable lean	-3
23569	Beef, ground, 85% lean meat / 15% fat, patty, cooke	-3
23501	USDA Commodity, beef patties with VPP, frozen, cook	-3
23628	Beef, tenderloin, steak, separable lean only, trimmed	-3
13955	Beef, bottom sirloin, tri-tip roast, separable lean and	-3

23605	Beef, round, bottom round, steak, separable lean only	-3
23647	Beef, bottom sirloin, tri-tip roast, separable lean only	-3
13497	Beef, ground, 70% lean meat / 30% fat, patty, cooked	-3
13156	Beef, round, full cut, separable lean only, trimmed to	-3
13928	Beef, tenderloin, separable lean and fat, trimmed to	-3
23525	Beef, chuck, top blade, separable lean and fat, trimm	-3
23626	Beef, rib, small end (ribs 10-12), separable lean only	-3
13402	Beef, round, bottom round, roast, separable lean and	-3
23568	Beef, ground, 85% lean meat / 15% fat, patty, cooked	-3
13410	Beef, round, bottom round, steak, separable lean only	-3
13946	Beef, shoulder steak, boneless, separable lean only, t	-3
13098	Beef, rib, eye, small end (ribs 10-12), separable lean	-3
13443	Beef, tenderloin, steak, separable lean only, trimmed	-3
13411	Beef, round, bottom round, roast, separable lean only	-3
23065	Beef, chuck, shoulder clod, shoulder tender, medallio	-3
23619	Beef, round, bottom round, roast, separable lean only	-3
23515	Beef, chuck, clod roast, separable lean only, trimmed	-3
23545	Beef, loin, bottom sirloin butt, tri-tip steak, separable	-3
23566	Beef, ground, 90% lean meat / 10% fat, loaf, cooked	-3
13391	Beef, rib, small end (ribs 10-12), separable lean and	-3
13952	Beef, rib eye, small end (ribs 10-12), separable lean	-3
13470	Beef, short loin, porterhouse steak, separable lean or	-3
23564	Beef, ground, 90% lean meat / 10% fat, patty, cooked	-3
23565	Beef, ground, 90% lean meat / 10% fat, crumbles, co	-3
13967	Beef, chuck, top blade, separable lean only, trimmed	-3
23563	Beef, ground, 90% lean meat / 10% fat, patty, cooked	-3
23622	Beef, round, bottom round, steak, separable lean only	-3
23648	Beef, bottom sirloin, tri-tip roast, separable lean only	-3
23561	Beef, ground, 95% lean meat / 5% fat, loaf, cooked,	-3
13987	Beef, loin, bottom sirloin butt, tri-tip steak, separable	-3
13480	Beef, short loin, t-bone steak, separable lean only, tr	-3
13096	Beef, rib, eye, small end (ribs 10-12), separable lean	-3
23075	Beef, chuck eye steak, boneless, separable lean only	-3
23531	Beef, chuck, clod roast, separable lean and fat, trimm	-3
23052	Beef, round, outside round, bottom round, steak, sep	-3
23033	Beef, round, knuckle, tip side, steak, separable lean a	-3
13340	Beef, variety meats and by-products, tongue, cooked	-3
23541	Beef, plate, outside skirt steak, separable lean and fa	-3
23559	Beef, ground, 95% lean meat / 5% fat, patty, cooked	-3
13902	Beef, round, top round, steak, separable lean and fat	-3
13477	Beef, short loin, t-bone steak, separable lean and fat	-3
23077	Beef, chuck eye steak, boneless, separable lean only	-3
23064	Beef, round, outside round, bottom round, steak, sep	-3
23050	Beef, round, outside round, bottom round, steak, sep	-3
23558	Beef, ground, 95% lean meat / 5% fat, patty, cooked	-3
13979	Beef, plate, outside skirt steak, separable lean only, t	-3
23069	Beef, chuck eye Country-Style ribs, boneless, separa	-3
13940	Beef, chuck, clod roast, separable lean only, trimmed	-3
23560	Beef, ground, 95% lean meat / 5% fat, crumbles, co	-3

23071	Beef, chuck eye Country-Style ribs, boneless, separable lean and fat, all grades	-4
23056	Beef, round, knuckle, tip side, steak, separable lean and fat, all grades	-4
23076	Beef, chuck eye steak, boneless, separable lean only, all grades	-4
13822	Beef, chuck eye roast, boneless, America's Beef Roast	-4
23046	Beef, round, knuckle, tip center, steak, separable lean and fat, all grades	-4
23516	Beef, shoulder steak, boneless, separable lean only, all grades	-4
23042	Beef, chuck, shoulder clod, top blade, steak, separable lean and fat, all grades	-4
13383	Beef, chuck, under blade pot roast, boneless, separable lean and fat, all grades	-4
23031	Beef, round, knuckle, tip side, steak, separable lean and fat, all grades	-4
23096	Beef, chuck, under blade steak, boneless, separable lean and fat, all grades	-4
23040	Beef, chuck, shoulder clod, shoulder top and center section, separable lean and fat, all grades	-4
13821	Beef, chuck eye roast, boneless, America's Beef Roast	-4
23062	Beef, round, knuckle, tip center, steak, separable lean and fat, all grades	-4
23060	Beef, chuck, shoulder clod, top blade, steak, separable lean and fat, all grades	-4
23058	Beef, chuck, shoulder clod, shoulder top and center section, separable lean and fat, all grades	-4
23070	Beef, chuck eye Country-Style ribs, boneless, separable lean and fat, all grades	-4
23098	Beef, chuck, under blade steak, boneless, separable lean and fat, all grades	-4
23521	Beef, chuck, mock tender steak, separable lean and fat, all grades	-4
23038	Beef, chuck, shoulder clod, shoulder top and center section, separable lean and fat, all grades	-4
13384	Beef, chuck, under blade pot roast, boneless, separable lean and fat, all grades	-4
23048	Beef, round, knuckle, tip center, steak, separable lean and fat, all grades	-4
13963	Beef, chuck, mock tender steak, separable lean only, all grades	-4
13980	Beef, chuck, short ribs, boneless, separable lean only, all grades	-4
13285	Beef, chuck, under blade pot roast, boneless, separable lean and fat, all grades	-4
23091	Beef, chuck for stew, separable lean and fat, select, all grades	-4
23035	Beef, chuck, shoulder clod, shoulder tender, medallion, separable lean and fat, all grades	-4
23097	Beef, chuck, under blade steak, boneless, separable lean and fat, all grades	-4
13982	Beef, chuck, short ribs, boneless, separable lean only, all grades	-4
13823	Beef, chuck eye roast, boneless, America's Beef Roast	-4
13981	Beef, chuck, short ribs, boneless, separable lean only, all grades	-4
23045	Beef, round, knuckle, tip center, steak, separable lean and fat, all grades	-4
23044	Beef, chuck, shoulder clod, top blade, steak, separable lean and fat, all grades	-4
23547	Beef, chuck, mock tender steak, separable lean and fat, all grades	-4
23509	Beef, chuck, mock tender steak, separable lean only, all grades	-4
23536	Beef, shoulder steak, boneless, separable lean and fat, all grades	-4
13484	Beef, short loin, t-bone steak, separable lean only, trimmings, all grades	-4
23090	Beef, chuck for stew, separable lean and fat, all grades	-4
23054	Beef, chuck, shoulder clod, shoulder tender, medallion, separable lean and fat, all grades	-4
23081	Beef, shoulder pot roast, boneless, separable lean only, all grades	-4
13961	Beef, chuck, mock tender steak, separable lean only, all grades	-4
23519	Beef, chuck, mock tender steak, separable lean and fat, all grades	-4
13943	Beef, shoulder steak, boneless, separable lean only, all grades	-4
13501	Beef, shoulder top blade steak, boneless, separable lean and fat, all grades	-4
23083	Beef, shoulder pot roast, boneless, separable lean only, all grades	-4
23092	Beef, chuck for stew, separable lean and fat, choice, all grades	-4
13933	Beef, top sirloin, steak, separable lean and fat, trimmings, all grades	-4
13499	Beef, chuck, under blade center steak, boneless, Denver style, all grades	-4
23082	Beef, shoulder pot roast, boneless, separable lean only, all grades	-5
13500	Beef, shoulder top blade steak, boneless, separable lean and fat, all grades	-5

23085	Beef, chuck, mock tender steak, boneless, separable	-5	
23086	Beef, chuck, mock tender steak, boneless, separable	-5	
23084	Beef, chuck, mock tender steak, boneless, separable	-5	
13502	Beef, shoulder top blade steak, boneless, separable l	-5	
23043	Beef, chuck, shoulder clod, top blade, steak, separab	-5	
23141	Beef, chuck eye steak, boneless, separable lean and	-5	
23554	Beef, shoulder steak, boneless, separable lean and fa	-5	
13354	Beef, chuck, under blade center steak, boneless, Der	-5	
23117	Beef, chuck, under blade steak, boneless, separable	-5	
23116	Beef, chuck, under blade steak, boneless, separable	-5	
23118	Beef, chuck, under blade steak, boneless, separable	-6	
23140	Beef, chuck eye steak, boneless, separable lean and	-6	
23114	Beef, chuck eye roast, boneless, America's Beef Roas	-6	
13380	Beef, chuck, under blade pot roast, boneless, separa	-6	
13351	Beef, chuck, under blade center steak, boneless, Der	-6	
23135	Beef, chuck eye Country-Style ribs, boneless, separa	-6	
13352	Beef, chuck, under blade center steak, boneless, Der	-6	
23113	Beef, chuck eye roast, boneless, America's Beef Roas	-6	
23134	Beef, chuck eye Country-Style ribs, boneless, separa	-6	
23099	Beef, chuck, under blade pot roast, boneless, separa	-6	
13381	Beef, chuck, under blade pot roast, boneless, separa	-6	
23142	Beef, chuck eye steak, boneless, separable lean and	-6	
23132	Beef, shoulder pot roast, boneless, separable lean an	-6	
23533	Beef, shoulder steak, boneless, separable lean and fa	-6	
23136	Beef, chuck eye Country-Style ribs, boneless, separa	-6	
23115	Beef, chuck eye roast, boneless, America's Beef Roas	-6	
23126	Beef, chuck, short ribs, boneless, separable lean and	-6	
23131	Beef, shoulder pot roast, boneless, separable lean an	-6	
23125	Beef, chuck, short ribs, boneless, separable lean and	-6	
23127	Beef, chuck, short ribs, boneless, separable lean and	-6	
23121	Beef, chuck, mock tender steak, boneless, separable	-6	
23119	Beef, chuck, mock tender steak, boneless, separable	-7	
23133	Beef, shoulder pot roast, boneless, separable lean an	-7	
13598	Beef, shoulder top blade steak, boneless, separable l	-7	
23120	Beef, chuck, mock tender steak, boneless, separable	-7	
13862	Beef, shoulder top blade steak, boneless, separable l	-7	
13338	Beef, variety meats and by-products, thymus, cooked	-8	
23107	Beef, chuck, under blade center steak, boneless, Der	-8	
23106	Beef, chuck, under blade center steak, boneless, Der	-8	
23105	Beef, chuck, under blade center steak, boneless, Der	-8	
13897	Beef, round, top round, separable lean and fat, trimm	-9	very good effect
13322	Beef, variety meats and by-products, heart, cooked,	-14	good effect
13329	Beef, variety meats and by-products, lungs, cooked,	-14	OK effect
13324	Beef, variety meats and by-products, kidneys, cooke	-17	not very good effect
13890	Beef, round, top round, separable lean only, trimmed	-18	bad effect
13332	Beef, variety meats and by-products, pancreas, cook	-26	awful effect