

**Fast Foods**

21252	BURGER KING, WHOPPER, no cheese	1	very good effect
21366	McDONALD'S, Apple Dippers with Low Fat Caramel Sauce	0	good effect
21042	Fast foods, chili con carne	0	OK effect
21343	McDONALD'S, Low Fat Caramel Sauce	0	not very good effect
21058	Fast foods, scallops, breaded and fried	-1	bad effect
21248	WENDY'S, Frosty Dairy Dessert	-1	awful effect
21091	Fast foods, cheeseburger; single, regular patty, with	-1	<div style="border: 1px solid black; padding: 5px; text-align: center;"> <math display="block">\frac{3 - 6}{\triangle}</math> </div>
21463	Yogurt parfait, lowfat, with fruit and granola	-1	
21336	McDONALD'S, Hot Fudge Sundae	-1	
21334	McDONALD'S, Strawberry Sundae	-1	
21094	Fast foods, cheeseburger, regular, double patty and	-1	
21335	McDONALD'S, Hot Caramel Sundae	-1	
21059	Fast foods, shrimp, breaded and fried	-1	
21331	McDONALD'S, Chocolate TRIPLE THICK Shake	-1	
21129	Fast foods, hush puppies	-1	
21066	Fast foods, burrito, with beef	-1	
21332	McDONALD'S, Strawberry TRIPLE THICK Shake	-1	
21330	McDONALD'S, Vanilla TRIPLE THICK Shake	-1	
21086	Fast foods, tostada, with beans, beef, and cheese	-1	
21412	Light Ice Cream, soft serve, blended with milk chocolate	-1	
21073	Fast foods, chimichanga, with beef, cheese, and red chili	-2	
21338	McDONALD'S, McFLURRY with M&M'S CANDIES	-2	
21060	Fast foods, burrito, with beans	-2	
21130	Fast foods, onion rings, breaded and fried	-2	
21141	BURGER KING, Vanilla Shake	-2	
21071	Fast foods, chimichanga, with beef and cheese	-2	
21062	Fast foods, burrito, with beans and chili peppers	-2	
21028	Fast foods, vanilla, light, soft-serve ice cream, with chocolate	-2	
21333	McDONALD'S, Vanilla Reduced Fat Ice Cream Cone	-2	
21065	Fast foods, burrito, with beans, cheese, and chili peppers	-2	
21067	Fast foods, burrito, with beef and chili peppers	-2	
21077	Fast foods, frijoles with cheese	-2	
21074	Fast foods, enchilada, with cheese	-2	
21063	Fast foods, burrito, with beans and meat	-2	
21413	Light Ice Cream, soft serve, blended with cookie pieces	-2	
21310	McDONALD'S, Barbeque Sauce	-2	
21082	Fast foods, taco	-2	
21339	McDONALD'S, McFLURRY with OREO cookies	-2	
21072	Fast foods, chimichanga, with beef and red chili peppers	-2	
21070	Fast foods, chimichanga, with beef	-2	
21315	McDONALD'S, Sweet 'N Sour Sauce	-2	
21325	McDONALD'S, McDONALDLAND Chocolate Chip Cookies	-2	
21414	POPEYES, Batter Fries, analyzed prior to December 2019	-2	
21064	Fast foods, burrito, with beans, cheese, and beef	-2	
21087	Fast foods, tostada, with beef and cheese	-3	
21008	Fast foods, biscuit, with ham	-3	
21033	Fast foods, sundae, hot fudge	-3	
21085	Fast foods, tostada, with beans and cheese	-3	

21419	KENTUCKY FRIED CHICKEN, Biscuit, analyzed prior to	-3
21264	TACO BELL, Bean Burrito	-3
21119	Fast foods, hotdog, with chili	-3
21029	Fast foods, cookies, animal crackers	-3
21324	McDONALD'S, Baked Apple Pie	-3
21265	TACO BELL, BURRITO SUPREME with beef	-3
21270	TACO BELL, Taco Salad	-3
21128	Fast foods, corn on the cob with butter	-3
21475	DIGIORNO Pizza, cheese topping, thin crispy crust, fr	-3
21032	Fast foods, sundae, caramel	-3
21417	POPEYES, Mild Chicken Strips, analyzed 2006	-3
21116	Fast foods, ham and cheese sandwich	-3
21118	Fast foods, hotdog, plain	-4
21108	Fast foods, hamburger; single, regular patty; with co	-4
21267	TACO BELL, BURRITO SUPREME with steak	-4
21021	Fast foods, english muffin, with egg, cheese, and can	-4
21030	Fast foods, cookies, chocolate chip	-4
21061	Fast foods, burrito, with beans and cheese	-4
21250	BURGER KING, Hamburger	-4
21442	POPEYES, Fried Chicken, Mild, Breast, meat only, ski	-4
21398	Fast foods, cheeseburger; single, large patty; with co	-4
21202	Fast foods, hamburger, large, single patty, with cond	-4
21075	Fast foods, enchilada, with cheese and beef	-4
21113	Fast foods, hamburger; single, large patty; with cond	-4
21241	WENDY'S, Jr. Hamburger, without cheese	-4
21225	Pizza, cheese topping, rising crust, frozen, cooked	-4
21266	TACO BELL, BURRITO SUPREME with chicken	-4
21242	WENDY'S, Jr. Hamburger, with cheese	-4
21025	Fast foods, pancakes with butter and syrup	-4
21121	Fast foods, roast beef sandwich, plain	-4
21423	KENTUCKY FRIED CHICKEN, Potato Wedges, analyze	-4
21391	Fast foods, hamburger; single, large patty; with cond	-4
21034	Fast foods, sundae, strawberry	-4
21397	Fast foods, cheeseburger; single, large patty; with co	-4
21261	TACO BELL, Soft Taco with beef	-4
21243	WENDY'S, CLASSIC DOUBLE, with cheese	-4
21474	DIGIORNO Pizza, cheese topping, rising crust, frozen	-4
21090	Fast foods, cheeseburger; single, regular patty, with	-4
21120	Fast foods, hotdog, with corn flour coating (corndog)	-4
21277	DOMINO'S 14" Cheese Pizza, Classic Hand-Tossed Cr	-4
21007	Fast foods, biscuit, with egg, cheese, and bacon	-4
21295	PIZZA HUT 14" Cheese Pizza, THIN 'N CRISPY Crust	-5
21409	Fast foods, bagel, with ham, egg, and cheese	-5
21418	POPEYES, Spicy Chicken Strips, analyzed 2006	-5
21326	McDONALD'S, McDONALDLAND Cookies	-5
21069	Fast foods, burrito, with fruit (apple or cherry)	-5
21287	LITTLE CAESARS 14" Original Round Cheese Pizza, R	-5
21473	DIGIORNO Pizza, cheese topping, cheese stuffed crus	-5
21017	Fast foods, danish pastry, fruit	-5

21016	Fast foods, danish pastry, cinnamon	-5
21269	TACO BELL, Nachos Supreme	-5
21084	Fast foods, taco salad with chili con carne	-5
21251	BURGER KING, Cheeseburger	-5
21286	PAPA JOHN'S 14" Cheese Pizza, Thin Crust	-5
21273	PIZZA HUT 12" Cheese Pizza, THIN 'N CRISPY Crust	-5
21411	Fast foods, bagel, with breakfast steak, egg, cheese,	-5
21307	Fast foods, griddle cake sandwich, egg, cheese, and	-5
21299	Fast Food, Pizza Chain, 14" Pizza, cheese topping, re	-5
21318	McDONALD'S, Deluxe Warm Cinnamon Roll	-5
21288	LITTLE CAESARS 14" Original Round Pepperoni Pizza	-5
21280	DOMINO'S 14" Pepperoni Pizza, Classic Hand-Tossed	-5
21293	PIZZA HUT 14" Cheese Pizza, Regular Crust	-5
21240	WENDY'S, CLASSIC SINGLE Hamburger, with cheese	-5
21478	DIGIORNO Pizza, pepperoni topping, thin crispy crust	-5
21477	DIGIORNO Pizza, pepperoni topping, rising crust, froz	-5
21282	DOMINO'S 14" EXTRAVAGANZZA FEAST Pizza, Classi	-5
21078	Fast foods, nachos, with cheese	-5
21388	Fast foods, miniature cinnamon rolls	-5
21476	DIGIORNO Pizza, pepperoni topping, cheese stuffed c	-5
21290	LITTLE CAESARS 14" Cheese Pizza, Large Deep Dish	-5
21079	Fast foods, nachos, with cheese and jalapeno pepper	-5
21262	TACO BELL, Soft Taco with chicken	-6
21317	McDONALD'S, Biscuit, regular size	-6
21460	McDONALD'S, Biscuit, large size	-6
21291	LITTLE CAESARS 14" Pepperoni Pizza, Large Deep Di	-6
21302	Fast Food, Pizza Chain, 14" pizza, pepperoni topping,	-6
21283	PAPA JOHN'S 14" Cheese Pizza, Original Crust	-6
21083	Fast foods, taco salad	-6
21271	PIZZA HUT 12" Cheese Pizza, Regular Crust	-6
21480	DIGIORNO Pizza, supreme topping, thin crispy crust,	-6
21239	WENDY'S, CLASSIC SINGLE Hamburger, no cheese	-6
21399	Fast Foods, cheeseburger; double, large patty; with c	-6
21019	Fast foods, english muffin, with butter	-6
21022	Fast foods, english muffin, with egg, cheese, and sau	-6
21224	Pizza, cheese topping, regular crust, frozen, cooked	-6
21278	DOMINO'S 14" Cheese Pizza, Ultimate Deep Dish Cru	-6
21296	PIZZA HUT 14" Pepperoni Pizza, Regular Crust	-6
21479	DIGIORNO Pizza, supreme topping, rising crust, froze	-6
21227	Pizza, meat and vegetable topping, rising crust, froze	-6
21301	Fast Food, Pizza Chain, 14" Pizza, cheese topping, th	-6
21456	POPEYES, Fried Chicken, Mild, Breast, meat and skin	-6
21284	PAPA JOHN'S 14" Pepperoni Pizza, Original Crust	-6
21281	DOMINO'S 14" Pepperoni Pizza, Ultimate Deep Dish C	-6
21304	Fast Food, Pizza Chain, 14" pizza, meat and vegetabl	-6
21446	POPEYES, Fried Chicken, Mild, Wing, meat only, skin	-6
21289	LITTLE CAESARS 14" Original Round Meat and Veget	-6
21276	PIZZA HUT 12" Super Supreme Pizza, Regular Crust	-6
21274	PIZZA HUT 12" Pepperoni Pizza, Regular Crust	-6

21298	PIZZA HUT 14" Super Supreme Pizza, Regular Crust	-6
21300	Fast Food, Pizza Chain, 14" Pizza, cheese topping, th	-6
21386	BURGER KING, French Toast Sticks	-7
22903	Pizza, pepperoni topping, regular crust, frozen, cooke	-7
21268	TACO BELL, Nachos	-7
21024	Fast foods, french toast sticks	-7
21285	PAPA JOHN'S 14" The Works Pizza, Original Crust	-7
21443	POPEYES, Fried Chicken, Mild, Drumstick, meat only,	-7
21015	Fast foods, danish pastry, cheese	-7
21461	Fast foods, grilled chicken, bacon and tomato club sa	-7
21081	Fast foods, nachos, with cinnamon and sugar	-7
21020	Fast foods, english muffin, with cheese and sausage	-7
21303	Fast Food, Pizza Chain, 14" Pizza, pepperoni topping,	-7
21322	McDONALD'S, Warm Cinnamon Roll	-7
21459	POPEYES, Fried Chicken, Mild, Wing, meat and skin v	-7
21410	Fast foods, bagel, with egg, sausage patty, cheese, a	-7
21009	Fast foods, biscuit, with sausage	-7
21457	POPEYES, Fried Chicken, Mild, Drumstick, meat and s	-7
21464	Fast Foods, Fried Chicken, Breast, meat only, skin an	-7
21088	Tostada with guacamole	-8
21005	Fast Foods, biscuit, with egg and sausage	-8
21294	PIZZA HUT 14" Cheese Pizza, Thick Crust	-8
21458	POPEYES, Fried Chicken, Mild, Thigh, meat and skin v	-8
21305	Fast foods, griddle cake sandwich, egg, cheese, and s	-8
21272	PIZZA HUT 12" Cheese Pizza, Thick Crust	-8
21226	Pizza, meat and vegetable topping, regular crust, fro	-8
21292	LITTLE CAESARS 14" Cheese Pizza, Thin Crust	-8
21384	BURGER KING, CROISSAN'WICH with Sausage and C	-8
21260	TACO BELL, Original Taco with beef	-8
21425	KENTUCKY FRIED CHICKEN, Fried Chicken, ORIGINAL	-8
21425	KENTUCKY FRIED CHICKEN, Fried Chicken, ORIGINAL	-8
21255	BURGER KING, DOUBLE WHOPPER, with cheese	-8
21445	POPEYES, Fried Chicken, Mild, Thigh, meat only, skin	-8
21306	Fast foods, griddle cake sandwich, sausage	-8
21361	McDONALD'S, Sausage Biscuit	-8
21245	WENDY'S, Ultimate Chicken Grill Sandwich	-9
21095	Fast foods, cheeseburger; double, regular, patty and	-9
21279	DOMINO'S 14" Cheese Pizza, Crunchy Thin Crust	-9
21297	PIZZA HUT 14" Pepperoni Pizza, Thick Crust	-9
21340	McDONALD'S, Sausage Burrito	-9
21080	Fast foods, nachos, with cheese, beans, ground beef,	-9
21275	PIZZA HUT 12" Pepperoni Pizza, Thick Crust	-10
21362	McDONALD'S, Sausage Biscuit with Egg	-10
21385	BURGER KING, CROISSAN'WICH with Egg and Chees	-10
21415	POPEYES, Biscuit	-10
21402	McDONALD'S, Premium Grilled Chicken Classic Sandv	-10
21254	BURGER KING, DOUBLE WHOPPER, no cheese	-10
21389	Fast foods, hamburger; double, large patty; with con	-10
21026	Fast foods, potatoes, hashed brown	-10

21321	McDONALD'S, Hotcakes (plain)	-10
21430	KENTUCKY FRIED CHICKEN, Fried Chicken, EXTRA CRISPY	-10
21465	Fast Foods, Fried Chicken, Drumstick, meat only, skin and bones	-11
21341	McDONALD'S, BIG BREAKFAST	-11
21462	Fast foods, crispy chicken, bacon, and tomato club sandwich	-11
21466	Fast Foods, Fried Chicken, Thigh, meat only, skin and bones	-11
21400	Fast foods, cheeseburger; double, regular patty; double cheese	-11
21253	BURGER KING, WHOPPER, with cheese	-11
21316	McDONALD'S, Tangy Honey Mustard Sauce	-11
21383	BURGER KING, CROISSAN'WICH with Sausage, Egg and Cheese	-12
21390	Fast foods, hamburger; single, large patty; with condiments	-12
21323	McDONALD'S, Sausage Patty	-12
21426	KENTUCKY FRIED CHICKEN, Fried Chicken, ORIGINAL	-12
21320	McDONALD'S, Scrambled Eggs	-12
21393	Fast foods, hamburger; single, regular patty; double cheese	-12
21427	KENTUCKY FRIED CHICKEN, Fried Chicken, ORIGINAL	-12
21238	McDONALD'S, French Fries	-12
21138	Fast foods, potato, french fried in vegetable oil	-13
21467	Fast Foods, Fried Chicken, Wing, meat only, skin and bones	-13
21244	WENDY'S, Homestyle Chicken Fillet Sandwich	-13
21263	TACO BELL, Soft Taco with steak	-13
21431	KENTUCKY FRIED CHICKEN, Fried Chicken, EXTRA CRISPY	-13
21432	KENTUCKY FRIED CHICKEN, Fried Chicken, EXTRA CRISPY	-13
21036	Fast foods, chicken, breaded and fried, light meat (breast)	-13
21313	McDONALD'S, Hot Mustard Sauce	-13
21035	Fast foods, chicken, breaded and fried, dark meat (drumstick)	-14
21018	Fast foods, egg, scrambled	-14
21102	Fast foods, chicken fillet sandwich, plain	-14
21403	McDONALD'S, Premium Crispy Chicken Classic Sandwich	-14
21469	Fast Foods, Fried Chicken, Breast, meat and skin with bones	-15
21106	Fast foods, fish sandwich, with tartar sauce and cheese	-15
21003	Fast foods, biscuit, with egg and bacon	-15
21428	KENTUCKY FRIED CHICKEN, Fried Chicken, ORIGINAL	-15
21470	Fast Foods, Fried Chicken, Drumstick, meat and skin and bones	-16
21319	McDONALD'S, Hash Browns	-16
21002	Fast foods, biscuit, with egg	-16
21105	Fast foods, fish sandwich, with tartar sauce	-16
21004	Fast foods, biscuit, with egg and ham	-16
21434	KENTUCKY FRIED CHICKEN, Fried Chicken, ORIGINAL	-16
21433	KENTUCKY FRIED CHICKEN, Fried Chicken, EXTRA CRISPY	-16
21471	Fast Foods, Fried Chicken, Thigh, meat and skin and bones	-17
21472	Fast Foods, Fried Chicken, Wing, meat and skin and bones	-17
21229	Fast foods, chicken, breaded and fried, boneless piece	-17
21257	BURGER KING, Chicken WHOPPER Sandwich	-17
21435	KENTUCKY FRIED CHICKEN, Fried Chicken, ORIGINAL	-17
21230	Fast Foods, crispy chicken filet sandwich, with lettuce	-18
21436	KENTUCKY FRIED CHICKEN, Fried Chicken, ORIGINAL	-19
21309	McDONALD'S, Chicken McNUGGETS	-19
21437	KENTUCKY FRIED CHICKEN, Fried Chicken, ORIGINAL	-19

21308	McDONALD'S, Chicken SELECTS Premium Breast Stri	-20
21140	Side dishes, potato salad	-21
21401	Fast foods, chicken tenders	-21
21438	KENTUCKY FRIED CHICKEN, Fried Chicken, EXTRA CR	-22
21439	KENTUCKY FRIED CHICKEN, Fried Chicken, EXTRA CR	-22
21337	McDONALD'S, Peanuts (for Sundaes)	-22
21047	Entrees, fish fillet, battered or breaded, and fried	-23
21421	KENTUCKY FRIED CHICKEN, Crispy Chicken Strips	-23
21440	KENTUCKY FRIED CHICKEN, Fried Chicken, EXTRA CR	-23
21441	KENTUCKY FRIED CHICKEN, Fried Chicken, EXTRA CR	-23
21422	KENTUCKY FRIED CHICKEN, Popcorn Chicken	-25
21420	KENTUCKY FRIED CHICKEN, Coleslaw	-26
21127	Fast foods, coleslaw	-31
21416	POPEYES, Coleslaw	-35
21416	POPEYES, Coleslaw	-35
21314	McDONALD'S, Spicy Buffalo Sauce	-46
21311	McDONALD'S, Creamy Ranch Sauce	-46

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