

Poultry Products

05220	Turkey, fryer-roasters, breast, meat only, cooked, roasted	-2	very good effect
05311	Chicken, canned, no broth	-2	good effect
05629	Emu, inside drums, cooked, broiled	-2	OK effect
05627	Emu, full rump, cooked, broiled	-3	not very good effect
05210	Turkey, fryer-roasters, light meat, meat only, cooked, roasted	-3	bad effect
05065	Chicken, broilers or fryers, breast, meat only, cooked, roasted	-4	awful effect
43283	Pheasant, cooked, total edible	-4	
05064	Chicken, broilers or fryers, breast, meat only, cooked, roasted	-4	
05042	Chicken, broilers or fryers, light meat, meat only, cooked, roasted	-4	
05624	Emu, fan fillet, cooked, broiled	-4	
05063	Chicken, broilers or fryers, breast, meat only, cooked, roasted	-5	
05218	Turkey, fryer-roasters, breast, meat and skin, cooked, roasted	-5	
05041	Chicken, broilers or fryers, light meat, meat only, cooked, roasted	-5	
05282	Pate de foie gras, canned (goose liver pate), smoked	-5	
05149	Goose, domesticated, meat only, cooked, roasted	-5	
05650	Ostrich, outside strip, cooked	-5	
05316	Duck, young duckling, domesticated, White Pekin, broiled	-5	
05658	Ostrich, top loin, cooked	-5	
05642	Ostrich, ground, cooked, pan-broiled	-6	
05142	Duck, domesticated, meat only, cooked, roasted	-6	
05040	Chicken, broilers or fryers, light meat, meat only, cooked, roasted	-6	
05632	Emu, top loin, cooked, broiled	-6	
05286	Turkey and gravy, frozen	-6	
05024	Chicken, gizzard, all classes, cooked, simmered	-6	
05071	Chicken, broilers or fryers, drumstick, meat only, raw	-6	
05318	Duck, young duckling, domesticated, White Pekin, leg	-6	
05174	Turkey, gizzard, all classes, cooked, simmered	-7	
05202	Turkey, fryer-roasters, meat only, cooked, roasted	-7	
05147	Goose, domesticated, meat and skin, cooked, roasted	-7	
05600	USDA Commodity, turkey ham, dark meat, smoked, sliced	-7	
05206	Turkey, fryer-roasters, light meat, meat and skin, cooked, roasted	-7	
05118	Chicken, roasting, light meat, meat only, cooked, roasted	-7	
05664	Ground turkey, fat free, patties, broiled	-7	
05266	Turkey, young tom, light meat, meat only, cooked, roasted	-7	
05652	Ostrich, oyster, cooked	-7	
05107	Chicken, broilers or fryers, wing, meat only, cooked, roasted	-7	
05663	Ground turkey, fat free, pan-broiled crumbles	-7	
05060	Chicken, broilers or fryers, breast, meat and skin, cooked, roasted	-8	
05073	Chicken, broilers or fryers, drumstick, meat only, cooked, roasted	-8	
05645	Ostrich, inside leg, cooked	-8	
05656	Ostrich, tip trimmed, cooked	-8	
05061	Chicken, broilers or fryers, breast, meat and skin, cooked, roasted	-8	
05074	Chicken, broilers or fryers, drumstick, meat only, cooked, roasted	-8	
05059	Chicken, broilers or fryers, breast, meat and skin, cooked, roasted	-8	
05014	Chicken, broilers or fryers, meat only, stewed	-8	
05013	Chicken, broilers or fryers, meat only, roasted	-8	
05106	Chicken, broilers or fryers, wing, meat only, cooked, roasted	-8	
05293	Turkey breast, pre-basted, meat and skin, cooked, roasted	-8	

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05186	Turkey, all classes, light meat, cooked, roasted	-8
05012	Chicken, broilers or fryers, meat only, cooked, fried	-9
05114	Chicken, roasting, meat only, cooked, roasted	-9
05622	Emu, ground, cooked, pan-broiled	-9
05072	Chicken, broilers or fryers, drumstick, meat only, cooked, roasted	-9
05140	Duck, domesticated, meat and skin, cooked, roasted	-9
05224	Turkey, fryer-roasters, leg, meat only, cooked, roasted	-9
05083	Chicken, broilers or fryers, leg, meat only, cooked, roasted	-9
05228	Turkey, fryer-roasters, wing, meat only, cooked, roasted	-9
05315	Duck, young duckling, domesticated, White Pekin, broiler	-9
05033	Chicken, broilers or fryers, light meat, meat and skin, cooked, roasted	-9
05032	Chicken, broilers or fryers, light meat, meat and skin, cooked, roasted	-9
05082	Chicken, broilers or fryers, leg, meat only, cooked, roasted	-10
05313	Chicken, wing, frozen, glazed, barbecue flavored, heated	-10
05317	Duck, young duckling, domesticated, White Pekin, leg	-10
05081	Chicken, broilers or fryers, leg, meat only, cooked, roasted	-10
05031	Chicken, broilers or fryers, light meat, meat and skin, cooked, roasted	-10
05647	Ostrich, inside strip, cooked	-10
05198	Turkey, fryer-roasters, meat and skin and giblets and neck, cooked, roasted	-10
05277	Chicken, canned, meat only, with broth	-10
05046	Chicken, broilers or fryers, dark meat, meat only, cooked, roasted	-10
05631	Emu, oyster, raw	-10
05353	USDA Commodity, chicken fajita strips, frozen	-10
05136	Chicken, capons, meat and skin, cooked, roasted	-10
05222	Turkey, fryer-roasters, leg, meat and skin, cooked, roasted	-10
05099	Chicken, broilers or fryers, thigh, meat only, cooked, roasted	-10
05045	Chicken, broilers or fryers, dark meat, meat only, cooked, roasted	-10
05044	Chicken, broilers or fryers, dark meat, meat only, cooked, roasted	-10
05097	Chicken, broilers or fryers, thigh, meat only, cooked, roasted	-11
05332	Chicken, ground, raw	-11
05212	Turkey, fryer-roasters, dark meat, meat only, cooked, roasted	-11
05120	Chicken, roasting, dark meat, meat only, cooked, roasted	-11
05134	Chicken, capons, meat and skin and giblets and neck, cooked, roasted	-11
05058	Chicken, broilers or fryers, breast, meat and skin, cooked, roasted	-11
05090	Chicken, broilers or fryers, neck, meat only, cooked, roasted	-11
05312	Chicken, wing, frozen, glazed, barbecue flavored	-11
05262	Turkey, young tom, light meat, meat and skin, cooked, roasted	-11
05272	Turkey, young tom, breast, meat and skin, cooked, roasted	-11
05098	Chicken, broilers or fryers, thigh, meat only, cooked, roasted	-11
05070	Chicken, broilers or fryers, drumstick, meat and skin, cooked, roasted	-11
05192	Turkey, all classes, breast, meat and skin, cooked, roasted	-11
05258	Turkey, young tom, meat only, cooked, roasted	-11
05333	Chicken, ground, crumbles, cooked, pan-browned	-11
05320	Chicken, wing, frozen, glazed, barbecue flavored, heated	-11
05173	Turkey, gizzard, all classes, raw	-11
05069	Chicken, broilers or fryers, drumstick, meat and skin, cooked, roasted	-11
05310	Chicken, cornish game hens, meat only, cooked, roasted	-11
05010	Chicken, broilers or fryers, meat and skin, cooked, roasted	-11
05182	Turkey, all classes, light meat, meat and skin, cooked, roasted	-11

05009	Chicken, broilers or fryers, meat and skin, cooked, ro	-11
05008	Chicken, broilers or fryers, meat and skin, cooked, fr	-12
05130	Chicken, stewing, light meat, meat only, cooked, stev	-12
05005	Chicken, broilers or fryers, meat and skin and giblets	-12
05122	Chicken, stewing, meat and skin, and giblets and nec	-12
05054	Chicken, broilers or fryers, back, meat only, cooked,	-12
05208	Turkey, fryer-roasters, dark meat, meat and skin, co	-12
05138	Chicken, capons, giblets, cooked, simmered	-12
05004	Chicken, broilers or fryers, meat and skin and giblets	-12
05248	Turkey, young hen, breast, meat and skin, cooked, r	-12
05030	Chicken, broilers or fryers, light meat, meat and skin	-12
05055	Chicken, broilers or fryers, back, meat only, cooked,	-12
05078	Chicken, broilers or fryers, leg, meat and skin, cooke	-12
05093	Chicken, broilers or fryers, thigh, meat and skin, coo	-12
05284	Turkey, canned, meat only, with broth	-12
05077	Chicken, broilers or fryers, leg, meat and skin, cooke	-12
05089	Chicken, broilers or fryers, neck, meat only, cooked,	-12
43287	Dove, cooked (includes squab)	-12
05068	Chicken, broilers or fryers, drumstick, meat and skin	-12
05234	Turkey, young hen, meat only, cooked, roasted	-12
05226	Turkey, fryer-roasters, wing, meat and skin, cooked,	-12
05036	Chicken, broilers or fryers, dark meat, meat and skin	-12
05079	Chicken, broilers or fryers, leg, meat and skin, cooke	-12
05003	Chicken, broilers or fryers, meat and skin and giblets	-12
05112	Chicken, roasting, meat and skin, cooked, roasted	-12
05126	Chicken, stewing, meat only, cooked, stewed	-12
43391	Turkey, light or dark meat, smoked, cooked, skin and	-13
05037	Chicken, broilers or fryers, dark meat, meat and skin	-13
05092	Chicken, broilers or fryers, thigh, meat and skin, coo	-13
05110	Chicken, roasting, meat and skin and giblets and nec	-13
05104	Chicken, broilers or fryers, wing, meat and skin, cook	-13
05076	Chicken, broilers or fryers, leg, meat and skin, cooke	-13
05168	Turkey, all classes, meat only, cooked, roasted	-13
05238	Turkey, young hen, light meat, meat and skin, cooke	-13
05285	Turkey, diced, light and dark meat, seasoned	-13
05103	Chicken, broilers or fryers, wing, meat and skin, cook	-13
05067	Chicken, broilers or fryers, drumstick, meat and skin	-13
05256	Turkey, young tom, meat and skin, cooked, roasted	-13
05276	Turkey, young tom, wing, meat and skin, cooked, roa	-13
05094	Chicken, broilers or fryers, thigh, meat and skin, coo	-13
05007	Chicken, broilers or fryers, meat and skin, cooked, fr	-13
05002	Chicken, broilers or fryers, meat and skin and giblets	-13
05132	Chicken, stewing, dark meat, meat only, cooked, stev	-13
05038	Chicken, broilers or fryers, dark meat, meat and skin	-13
05216	Turkey, fryer-roasters, back, meat only, cooked, roa	-13
05050	Chicken, broilers or fryers, back, meat and skin, cook	-13
05095	Chicken, broilers or fryers, thigh, meat and skin, coo	-13
05254	Turkey, young tom, meat and skin and giblets and ne	-13
05172	Turkey, all classes, giblets, cooked, simmered, some	-13

05035	Chicken, broilers or fryers, dark meat, meat and skin	-14
05196	Turkey, all classes, wing, meat and skin, cooked, roa	-14
05164	Turkey, all classes, meat and skin and giblets and ne	-14
05102	Chicken, broilers or fryers, wing, meat and skin, cook	-14
05166	Turkey, all classes, meat and skin, cooked, roasted	-14
05101	Chicken, broilers or fryers, wing, meat and skin, cook	-14
05049	Chicken, broilers or fryers, back, meat and skin, cook	-14
43366	Turkey, wing, smoked, cooked, with skin, bone remo	-14
05052	Chicken, broilers or fryers, back, meat and skin, cook	-14
05252	Turkey, young hen, wing, meat and skin, cooked, roa	-14
43390	Turkey, light or dark meat, smoked, cooked, with ski	-14
05051	Chicken, broilers or fryers, back, meat and skin, cook	-14
05124	Chicken, stewing, meat and skin, cooked, stewed	-15
05214	Turkey, fryer-roasters, back, meat and skin, cooked,	-15
05296	Turkey roast, boneless, frozen, seasoned, light and d	-15
05268	Turkey, young tom, dark meat, meat only, cooked, ro	-15
05230	Turkey, young hen, meat and skin and giblets and ne	-15
05306	Poultry food products, ground turkey, cooked	-15
05116	Chicken, roasting, giblets, cooked, simmered	-15
05232	Turkey, young hen, meat and skin, cooked, roasted	-15
05085	Chicken, broilers or fryers, neck, meat and skin, cook	-15
05086	Chicken, broilers or fryers, neck, meat and skin, cook	-15
05022	Chicken, broilers or fryers, giblets, cooked, simmered	-15
05274	Turkey, young tom, leg, meat and skin, cooked, roas	-15
05308	Chicken, cornish game hens, meat and skin, cooked,	-16
05016	Chicken, broilers or fryers, skin only, cooked, fried, b	-16
05264	Turkey, young tom, dark meat, meat and skin, cooke	-16
05188	Turkey, all classes, dark meat, cooked, roasted	-16
05194	Turkey, all classes, leg, meat and skin, cooked, roas	-16
05300	Turkey sticks, breaded, battered, fried	-16
05244	Turkey, young hen, dark meat, meat only, cooked, ro	-16
05250	Turkey, young hen, leg, meat and skin, cooked, roas	-16
05354	USDA Commodity, turkey taco meat, frozen, cooked	-16
05670	Ground turkey, 85% lean, 15% fat, patties, broiled	-16
05184	Turkey, all classes, dark meat, meat and skin, cooke	-16
05204	Turkey, fryer-roasters, skin only, cooked, roasted	-16
43367	Turkey, drumstick, smoked, cooked, with skin, bone	-16
05180	Turkey, all classes, neck, meat only, cooked, simmer	-16
05292	Turkey patties, breaded, battered, fried	-17
05190	Turkey, all classes, back, meat and skin, cooked, roa	-17
05017	Chicken, broilers or fryers, skin only, cooked, fried, f	-17
05240	Turkey, young hen, dark meat, meat and skin, cooke	-17
05018	Chicken, broilers or fryers, skin only, cooked, roasted	-17
05246	Turkey, young hen, back, meat and skin, cooked, roa	-17
05019	Chicken, broilers or fryers, skin only, cooked, stewed	-17
05669	Ground turkey, 85% lean, 15% fat, pan-broiled crum	-17
05015	Chicken, broilers or fryers, skin only, raw	-18
05666	Ground turkey, 93% lean, 7% fat, pan-broiled crumb	-18
05294	Turkey thigh, pre-basted, meat and skin, cooked, roa	-18

42130 Turkey bacon, cooked
 05667 Ground turkey, 93% lean, 7% fat, patties, broiled
 05260 Turkey, young tom, skin only, cooked, roasted
 05170 Turkey, all classes, skin only, cooked, roasted
 05236 Turkey, young hen, skin only, cooked, roasted
 05021 Chicken, broilers or fryers, giblets, cooked, fried
 05128 Chicken, stewing, giblets, cooked, simmered
 05176 Turkey, heart, all classes, cooked, simmered
 05026 Chicken, heart, all classes, cooked, simmered

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-19	
-19	
-19	very good effect
-19	good effect
-20	OK effect
-21	not very good effect
-22	bad effect
-32	awful effect