

**Meals, Entrees, and Sidedishes**

22901	Tortellini, pasta with cheese filling, fresh-refrigerated	-1	very good effect
22905	Beef stew, canned entree	-2	good effect
22916	Lasagna with meat & sauce, frozen entree	-2	OK effect
22915	Lasagna with meat & sauce, low-fat, frozen entree	-2	not very good effect
22959	Macaroni and cheese dinner with dry sauce mix, boxed	-2	bad effect
22904	Chili con carne with beans, canned entree	-2	awful effect
22907	Pasta with meatballs in tomato sauce, canned entree	-3	<div style="border: 1px solid black; padding: 5px; text-align: center;"> <math display="block">\frac{3 - 6}{\triangle}</math> </div>
22912	Spaghetti, with meatballs, canned	-3	
22522	Pasta with Sliced Franks in Tomato Sauce, canned entree	-3	
22914	Pasta with tomato sauce, no meat, canned	-3	
22401	Spaghetti with meat sauce, frozen entree	-3	
22958	Rice bowl with chicken, frozen entree, prepared (includes)	-4	
22247	Macaroni and Cheese, canned entree	-4	
22917	Burrito, beef and bean, frozen	-4	
22928	Burrito, beef and bean, microwaved	-5	
22962	LEAN POCKETS, Ham N Cheddar	-5	
22918	Burrito, bean and cheese, frozen	-5	
22927	Burrito, bean and cheese, microwaved	-6	
22910	Lasagna, Cheese, frozen, prepared	-6	
22529	Beef Pot Pie, frozen entree, prepared	-6	
22956	Lasagna, Vegetable, frozen, baked	-6	
22906	Chicken pot pie, frozen entree, prepared	-6	
22537	HOT POCKETS Ham 'N Cheese Stuffed Sandwich, frozen	-7	very good effect
22957	Turkey, stuffing, mashed potatoes w/gravy, assorted	-8	good effect
22954	Egg rolls, chicken, refrigerated, heated	-8	OK effect
22961	HOT POCKETS, meatballs & mozzarella stuffed sandwich	-8	not very good effect
22953	Egg rolls, pork, refrigerated, heated	-9	bad effect
22955	Egg rolls, vegetable, refrigerated, heated	-9	awful effect