

Snacks

19269	BETTY CROCKER Fruit Roll Ups, berry flavored, with	0	very good effect
19437	Snacks, potato chips, fat free, salted	0	good effect
19445	Snacks, potato chips, made from dried potatoes, fat-	-1	OK effect
19423	Snacks, potato chips, fat-free, made with olestra	-1	not very good effect
19435	Snacks, granola bar, fruit-filled, nonfat	-1	bad effect
19400	Snacks, banana chips	-1	awful effect
19436	Popcorn, sugar syrup/caramel, fat-free	-1	
19414	Snacks, rice cakes, brown rice, multigrain	-1	
19818	Snacks, rice cakes, brown rice, multigrain, unsalted	-1	
25017	Formulated bar, POWER BAR, chocolate	-1	
19005	Snacks, corn-based, extruded, cones, plain	-2	
19006	Snacks, corn-based, extruded, cones, nacho-flavor	-2	
19002	Snacks, beef jerky, chopped and formed	-2	
19050	Snacks, pretzels, hard, whole-wheat	-2	
43595	Breakfast bar, corn flake crust with fruit	-2	
19419	Snacks, corn cakes	-2	
19800	Snacks, corn cakes, very low sodium	-2	
19047	Snacks, pretzels, hard, plain, salted	-2	
25024	Pretzels, soft, unsalted	-2	
43109	Pretzels, soft	-2	
25020	Formulated bar, SLIM-FAST OPTIMA meal bar, milk c	-2	
19051	Snacks, rice cakes, brown rice, plain	-2	
19816	Snacks, rice cakes, brown rice, plain, unsalted	-2	
19052	Snacks, rice cakes, brown rice, buckwheat	-3	
19817	Snacks, rice cakes, brown rice, buckwheat, unsalted	-3	
19017	Snacks, granola bars, hard, chocolate chip	-3	
19413	Snacks, rice cakes, brown rice, corn	-3	
19053	Snacks, rice cakes, brown rice, sesame seed	-3	
19819	Snacks, rice cakes, brown rice, sesame seed, unsalte	-3	
19812	Snacks, pretzels, hard, plain, made with unenriched f	-3	
19813	Snacks, pretzels, hard, plain, made with unenriched f	-3	
19814	Snacks, pretzels, hard, plain, made with enriched flo	-3	
19036	Snacks, popcorn, cakes	-3	
43100	Breakfast bars, oats, sugar, raisins, coconut (include	-3	
42139	Granola bar, soft, milk chocolate coated, peanut butt	-3	
19024	Snacks, granola bars, soft, coated, milk chocolate co	-3	
19404	Snacks, granola bars, soft, uncoated, chocolate chip	-3	
19444	Snacks, tortilla chips, low fat, made with olestra, nac	-4	
19026	Snacks, granola bars, soft, coated, milk chocolate co	-4	
19416	Snacks, rice cakes, brown rice, rye	-4	
42204	Rice cake, cracker (include hain mini rice cakes)	-4	
19048	Snacks, pretzels, hard, confectioner's coating, chocol	-4	
19424	Snacks, tortilla chips, nacho-flavor, reduced fat	-4	
25036	Snacks, granola bites, mixed flavors	-5	
19806	Snacks, popcorn, air-popped, white popcorn	-5	
25016	Formulated bar, MARS SNACKFOOD US, SNICKERS M	-5	
25000	Snacks, popcorn, microwave, 94% fat free	-5	
19405	Snacks, granola bars, soft, uncoated, chocolate chip,	-5	

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19440	Snacks, M&M MARS, KUDOS Whole Grain Bar, chocolate	-6
19007	Snacks, corn-based, extruded, onion-flavor	-6
42272	Snacks, granola bar, with coconut, chocolate coated	-6
19833	Snacks, tortilla chips, low fat, unsalted	-6
19433	Tortilla chips, low fat, baked without fat	-6
25002	Snacks, popcorn, unpopped kernels	-6
25021	Formulated bar, LUNA BAR, NUTZ OVER CHOCOLATE	-6
19041	Snacks, pork skins, plain	-6
19034	Snacks, popcorn, air-popped	-6
19022	Snacks, granola bars, soft, uncoated, raisin	-6
19063	Snacks, tortilla chips, taco-flavor	-6
19063	Snacks, tortilla chips, taco-flavor	-6
19857	Snacks, tortilla chips, nacho-flavor, made with enriched flour	-7
19009	Snacks, KRAFT, CORNNUTS, plain	-7
19407	Snacks, beef sticks, smoked	-7
19408	Snacks, pork skins, barbecue-flavor	-7
19402	Snacks, cornnuts, nacho-flavor	-7
43572	Popcorn, microwave, low fat and sodium	-7
19401	Snacks, cornnuts, barbecue-flavor	-7
19016	Snacks, granola bars, hard, almond	-7
25001	Snacks, popcorn, microwave, low fat	-7
19038	Snacks, popcorn, caramel-coated, with peanuts	-8
25038	Snacks, granola bars, soft, almond, confectioners coated	-8
19010	Snacks, crisped rice bar, chocolate chip	-8
42283	Snacks, potato chips, white, restructured, baked	-8
25025	Snacks, soy chips or crisps, salted	-8
19039	Snacks, popcorn, caramel-coated, without peanuts	-9
19438	Snacks, KELLOGG, KELLOGG'S RICE KRISPIES TREAT	-9
19021	Snacks, granola bars, soft, uncoated, peanut butter	-10
19439	Snacks, KELLOGG, KELLOGG'S Low Fat Granola Bar, original	-10
43566	Snacks, tortilla chips, light (baked with less oil)	-11
19020	Snacks, granola bars, soft, uncoated, plain	-11
19027	Snacks, granola bars, soft, uncoated, peanut butter and oats	-11
19023	Snacks, granola bars, oats, fruits and nut	-11
19406	Snacks, granola bars, soft, uncoated, nut and raisin	-11
19434	Cheese puffs and twists, corn based, baked, low fat	-12
19061	Snacks, trail mix, tropical	-12
25013	Snacks, FRITOLAY, SUNCHIPS, Multigrain Snack, original	-13
43364	Snacks, tortilla chips, unsalted, white corn	-15
19809	Snacks, potato chips, plain, made with partially hydrogenated oil	-16
19810	Snacks, potato chips, plain, made with partially hydrogenated oil	-16
19421	Snacks, potato chips, cheese-flavor	-19
19031	Snacks, oriental mix, rice-based	-20
25012	Snacks, sweet potato chips	-20
19059	Snacks, trail mix, regular	-21
19821	Snacks, trail mix, regular, unsalted	-21
25027	Snacks, plantain chips, salted	-21
19823	Potato chips, without salt, reduced fat	-22
19811	Snacks, potato chips, plain, unsalted	-22

19422	Snacks, potato chips, reduced fat	-22
19062	Snacks, trail mix, regular, with chocolate chips, salted	-23
19822	Snacks, trail mix, regular, with chocolate chips, unsalted	-23
19057	Snacks, tortilla chips, nacho cheese	-23
19410	Snack, potato chips, made from dried potatoes, plain	-24
19045	Snacks, potato chips, made from dried potatoes, regular	-24
19807	Snacks, popcorn, oil-popped, white popcorn	-24
19019	Snacks, granola bars, hard, peanut	-25
19420	Snacks, granola bars, hard, peanut butter	-25
19015	Snacks, granola bars, hard, plain	-25
19524	Snacks, taro chips	-26
19058	Snacks, tortilla chips, ranch-flavor	-26
19040	Snacks, popcorn, cheese-flavor	-26
19003	Snacks, corn-based, extruded, chips, plain	-26
19004	Snacks, corn-based, extruded, chips, barbecue-flavor	-26
19804	Snacks, corn-based, extruded, chips, barbecue-flavor	-26
43447	Snacks, corn-based, extruded, chips, unsalted	-29
19418	Snacks, sesame sticks, wheat-based, salted	-29
19820	Snacks, sesame sticks, wheat-based, unsalted	-29
19411	Snacks, potato chips, plain, salted	-29
19008	Snacks, corn-based, extruded, puffs or twists, cheese	-32
19802	Snacks, corn-based, extruded, puffs or twists, cheese	-32
19043	Snacks, potato chips, sour-cream-and-onion-flavor	-33
19412	Snacks, potato chips, made from dried potatoes, cheese	-33
19042	Snacks, potato chips, barbecue-flavor	very good effect
19042	Snacks, potato chips, barbecue-flavor	good effect
19046	Snacks, potato chips, made from dried potatoes, sour	OK effect
19415	Snacks, potato sticks	not very good effect
19035	Snacks, popcorn, oil-popped, microwave, regular flavor	bad effect
		awful effect
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